

TOUGHMAN OHIO



TOUGHMAN Ohio Bike Course Map 56 mile – 1 lap loop + out & back

DIRECTIONS: Exit transition and follow Park Road 18 to Park Road 3. Go left on Park Road 3 to Park Road 1. Go left on Park Road 1 to Park Road 4. Continue on Park Rd 4 to Freedom Rd. Go right on Freedom Rd to Broadhead Rd. Go left on Broadhead Rd to Old Twenty One Rd. Go right on Old Twenty One Rd to Salt Fork Rd. Continue on Salt Fork Rd to State Route 258. Continue on State Route 258 to River Road. Go right on River Road to the bike turn around at Gilmore Rd. Reverse your route and follow course back to Broadhead Rd. Go south on Old Twenty One Rd to Freedom Rd. Go left on Freedom Rd to Egress Rd and continue on park roads to the transition entrance.

The bike aid stations are at Mile 13.5, Mile 24.5, Mile 31 & Mile 42 with Boom Energy Gel, Water & GATORADE (in bottles), Ice, Cookies, Coke, and Fruit with a neutral table for your special needs bag.



START ELEVATION
901 FT

MAX ELEVATION
1152 FT

GAIN
4593 FT

