



American Triple-T Race #2, #3 & #4

Salt Fork State Park

Run Course Map

XT: 6.82 mile – 1 lap (Sat AM/PM) 2 laps XT (Sun) 1 lap ST (Sun)

ST: 3.1 mile – 1 lap (Sat)

DIRECTIONS: Exit the transition area and follow park roads to the Salt Fork Lodge where the Shadbrush Trail begins. ST run goes left on Park Rd 3 to the turnaround. XT continues running on the Shadbrush Trail to Park Rd 5. Go left on Park Rd 5 to the Snowmobile Trail along Park Rd 1. Continue on the trail to Park Rd 3 and follow back to Park Rd 18. Go left on Park Rd 18 back to the finish.

Water, Ice, GATORADE and BOOM Energy Gel at transition exit, mile # 1, #2.5, #3.5, #4.5 and #5.5.

